

# “The Transfiguration of Jesus on Mount Tabor”...

## FROM THE GOSPEL ACCORDING TO - **MATTHEW** -:

*“After six days Jesus took Peter, James, and John his brother, and led them up a high mountain by themselves. And he was transfigured before them; his face shone like the sun and his clothes became white as light.” (Matt 17:1-2)<sup>1</sup>*

## MEDITATION ON THE MYSTERY:

When a soul truly decides to live on the High Mountain of Christ, his good works can no longer remain hidden from the eyes of men. What, then, does Jesus mean when He says, “*when you give alms, do not let your left hand know what your right is doing, so that your almsgiving may be secret. And your Father who sees in secret will repay you*”<sup>1</sup> (Matt 6:3-4), given that He also says, in another place, “*your light must shine before others, that they may see your good deeds and glorify your heavenly Father*”<sup>1</sup> (Matt 5:16)?

(cf. SLC, p. 130G)

## FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

In regards to giving light through our works, Pope Francis says: “*the light of the faith...is in us through Christ and the action of the Holy Spirit; and we must not withhold it as if it were our property. Instead we are called to make it shine throughout the world, to offer it to others through good works.*”

(FRANCIS, Angelus, 5 February 2017)

<sup>1</sup> NABRE (USCCB)

## FREE AND PERSONAL MEDITATION

( for a personal contribution to give to those who listen ) :

- .....
- .....

Then follows ...

1 Our Father ...

5 Hail Mary ...

1 Glory be to the Father ... (Sung)

- Praised be,,,

- O my Jesus, forgive us...

- Mary, Queen of Peace ...

- Then, a quick song relevant to the mystery / or one sings : “ Aveeeee, Aveeeee, Ave Maria ...”

Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...